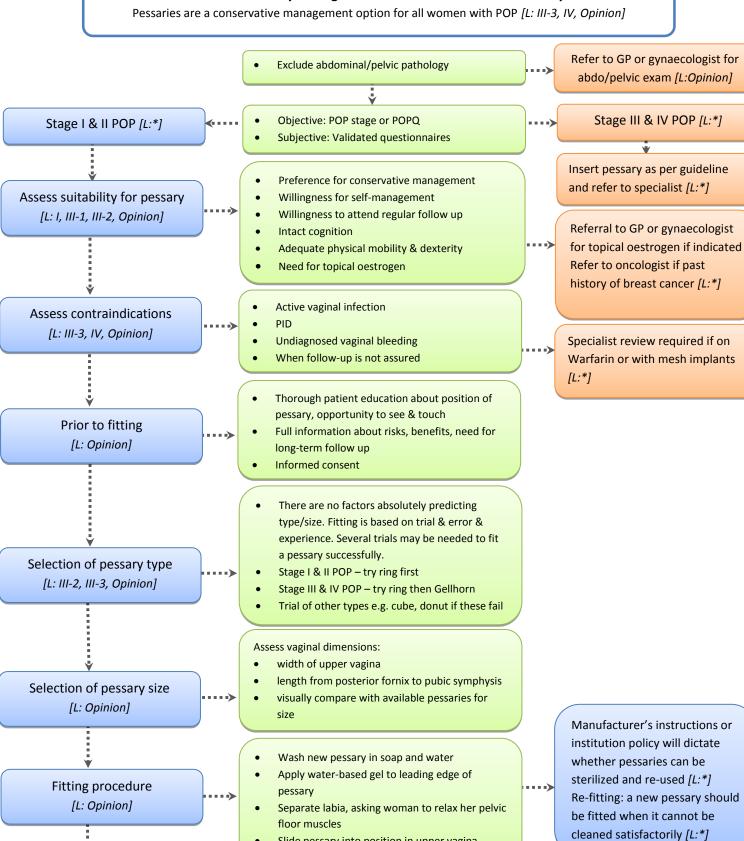


Management Pathway: Management of Pelvic Organ Prolapse with Pessaries

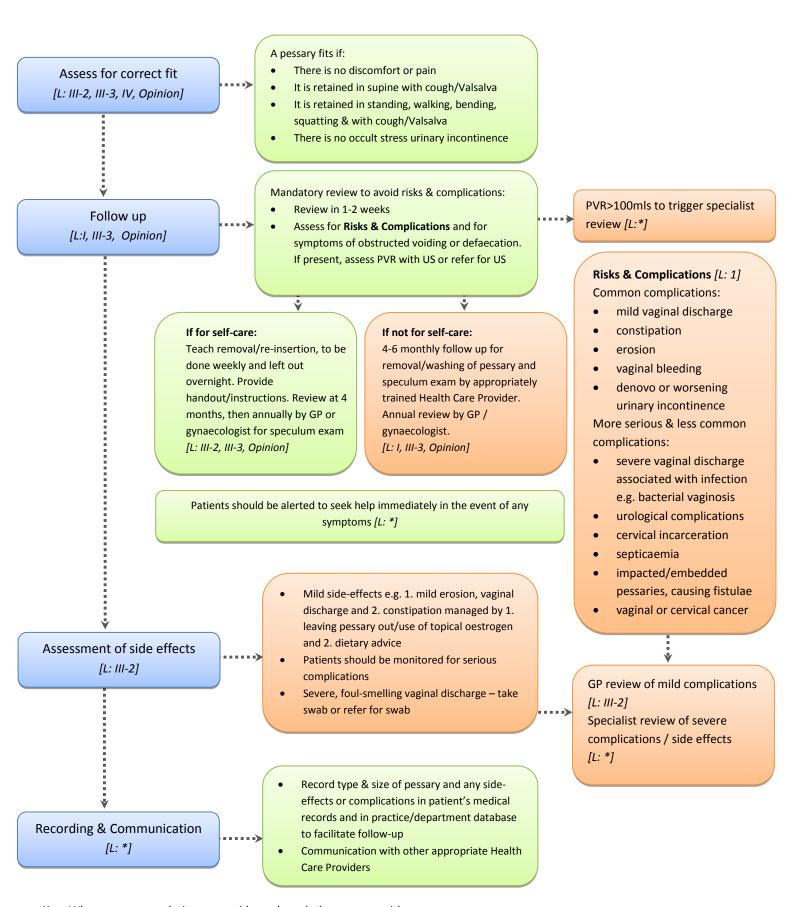


This management tool is a guide to assist general practitioners, continence nurse advisors and continence & women's health physiotherapists in primary care to prescribe and fit pessaries for women with pelvic organ prolapse.

Assessment & Pessary Management of Women with POP in Primary Care



Slide pessary into position in upper vagina



Key: Where recommendations are evidence based, they appear with the level of evidence according to NHMRC levels of evidence (Merlin 2009). Where recommendations are based on the consensus of the Expert Working Party, they appear with the symbol *.

Assessment tools: Appropriate Patient
Reported Outcome Measures are provided in
Appendix A of the full Pessary Guidelines

Information in this pathway is based on the Guidelines for the Use of Support Pessaries in the Management of Pelvic Organ Prolapse.

The full guidelines can be obtained at http://w3.unisa.edu.au/cahe/Resources/GuidelinesiCAHE/iCAHEGuidelines.asp or www.continence.org.au.